

JANUARY 2022

Spruce Mountain Elementary School

Make check payable to RSU 73
 For student's id email
 Imerrill@rsu73

Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger w/ Roll 3 Potato Fruit Milk	Cheese Beef Nachos 4 Green Peppers Fruit Milk	Chicken Strips 5 Carrots Fruit Crackers Milk	Baked Beans 6 Hot Dog Fruit Milk	Pizza 7 Broccoli Fruit Milk
Chicken Burger 10 Carrots Fruit Milk	Mac & Cheese 11 Roll Broccoli Fruit Milk	"Breakfast for Lunch" 12 Phoenix Sandwich Fruit Cucumber Milk	Chili 13 Corn chips Fruit Milk	BBQ Pork Sandwiches 14 French Fries Fruit Milk
Holiday 17	Bosco Sticks 18 Marinara Sauce Veggie Fruit Milk	BBQ Chicken 19 Roll Veggie Fruit Milk	Hamburger & Gravy 20 Mashed Potato Roll Fruit Milk	Pizza 21 Broccoli Fruit Milk
Baked Beans 24 Hot Dog Fruit Milk	Chicken Parm 25 Roll Carrots Fruit Milk	Chicken Nuggets 26 French Fries Fruit Milk	Cheese Beef Nachos 27 Broccoli Fruit Milk	Hamburger 28 Cucumber Fruit Milk
Grilled Cheese 31 Veggie Fruit Milk				

Menu is subject to change without notice
 Alternate Sandwich choice is offered daily

All meals are served with whole grains and a variety of vegetables to meet the USDA requirements.
 "This Institution, the Department of Education and the USDA are equal opportunity providers and employers."

