

NOVEMBER 2021

Spruce Mountain Elementary School

Make check payable to RSU 73
For student's id email
Imerrill@rsu73

Monday

Chicken Strip **1**
Sauce
Bean Salad
Fruit
Milk

Hamburger **8**
Broccoli
Fruit
Milk

Chicken Burger **15**
Veggie
Fruit
Milk

BBQ Pork Sandwiches **22**
Cucumbers
Orange Wedges
Milk

Pizza **29**
Broccoli
Fruit
Milk

Tuesday

Pasta with Meat Sauce **2**
Roll
Veggie
Fruit
Milk

Fish Sticks & Roll **9**
Veggie
Fruit
Milk

"Breakfast for Lunch" **16**
French Toast
Fruit
Veggie
Milk

Chicken Nuggets **23**
Crackers
Bean
Fruit
Milk

Mac & Cheese **30**
Roll
Broccoli
Fruit
Milk

Wednesday

"Breakfast for Lunch" **3**
Phoenix Sandwich
Fruit
Veggie
Milk

Bosco Sticks **10**
w/ Marinara Sauce
Carrots
Fruit
Milk

Tuna Sandwich **17**
Veggie
Fruit
Milk

No School **24**

Thursday

Nacho w/ Salsa **4**
Veggie
Fruit
Milk

Holiday **11**

Thanksgiving Day **18**
Dinner

Happy **25**
Thanksgiving

Friday

Grilled Cheese **5**
Cucumbers
Fruit
Milk

Pizza **12**
Broccoli
Fruit
Milk

Beans & Hot Dog **19**
Coleslaw
Fruit
Milk

No School **26**



Menu is subject to change without notice
Alternate Sandwich choice is offered daily

All meals are served with whole grains and a variety of vegetables to meet the USDA requirements.
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