

SEPTEMBER 2021

Spruce Mountain Middle School

Make check payable to RSU 73
 For student's id email
 Imerrill@rsu73

Monday
Tuesday
Wednesday
Thursday
Friday
Labor Day
6

Pizza
 Nachos w/ Salsa
 Deli sandwiches & Salads
 Fruit Veggies
 Milk

7

BBQ Pulled Pork Sandwiches
 Pizza
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

8

Baked Beans Hotdog
 Pizza
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

9

Pizza
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

10

Bosco Sticks
 Hamburger, Cheese
 Burgers
 Fruit Veggie
 Milk

13

Pizza
 Pasta with Meat Sauce
 Deli sandwiches & Salads
 Fruit & Veggies
 Milk

14

Pizza
 Nachos w/ Salsa
 Deli sandwiches & Salads
 Fruit Veggies
 Milk
 J

15

Shepherd's Pie
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

16

Pizza
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

17

Taco & Fajitas
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

20

Fish Sticks
 Cheese Burgers
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

21

Pork Chili
 Pizza
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

22

BBQ Pulled Pork Sandwiches
 Pizza
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

23

Pizza
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

24

Baked Beans Hotdog
 Pizza
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

27

Mac & Cheese
 Chicken Burgers
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

28

Chicken & Gravy
 Mashed Potato & Roll
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

29

Pasta with Meat Sauce
 Roll
 Deli sandwiches & Salads
 Fruit Veggie
 Milk

30


Menu is subject to change without notice
 Alternate Sandwich choice is offered daily

All meals are served with whole grains and a variety of vegetables to meet the USDA requirements.
 "This Institution, the Department of Education and the USDA are equal opportunity providers and employers."