

SEPTEMBER 2021

Spruce Mountain Elementary School

Make check payable to RSU 73
 For student'
 Imerrill@rsu73
 s id email

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cooks Choice Fruit Veggies Milk	2 Bosco Sticks w/ Sauce Fruit Veggies Milk	3 Grilled Cheese Fruit Veggies Milk
6 Labor Day	7 Baked Beans Hotdog w/ Roll Coleslaw Orange Wedges Milk	8 Cheese Burger Carrots Fruit Milk	9 Phoenix Sandwich Smiley FF Blueberries Milk	10 Mac & Cheese Roll Broccoli Fruit Milk
13 Bosco Sticks w/ Marinara Sauce Fruit Milk	14 Shepherd's Pie Fruit Milk	15 Breakfast for Lunch French Toast Sticks Roasted Garbanzo Beans String Cheese Blueberries	16 Pasta with Meat Sauce Roll Salad Fruit Milk	17 Grilled Cheese Cucumbers Fruit Milk
20 Fish Sticks Roll Broccoli Fruit Milk	21 Chicken & Gravy Mashed Potato & Roll Green Beans Fruit Milk	22 Baked Beans Hotdog Roll Orange Wedges Fruit Milk	23 Pizza Cucumbers Fruit Milk	24 Chicken Burgers Lettuce & Tomatoes Fruit Milk
27 Nachos w/ Salsa Carrots Fruit Milk	28 Pasta with Meat Sauce Roll Salad Fruit Milk	29 Pigs in a Blanket Baked Beans Coleslaw Milk	30 Shepherd's Pie Fruit Milk	



Menu is subject to change without notice
 Alternate Sandwich choice is offered daily

All meals are served with whole grains and a variety of vegetables to meet the USDA requirements.
 "This Institution, the Department of Education and the USDA are equal opportunity providers and employers"

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
 MySchoolBucks.com