

**RSU 73**  
**SCHOOL NURSE GUIDELINES**

**ROLE OF THE SCHOOL NURSE**

The school nurse performs a wide variety of functions in the school setting. Here is a list of services that you can expect the school nurse to provide. It should also help you understand some of the limits of the school nurse. Please contact your child's school to obtain any of these services from your school nurse.

- Conduct Health Screenings - this includes vision, hearing and height / weight / BMI
- Administer Medications - with written permission from parents and physicians
- Supervise First Aid Services - coordinate education of staff on basic first aid
- Promote Health and Wellness Programs - coordinate with staff to present healthy behavior teaching in class and at school and to encourage preventative care
- Provide Support for Medically Fragile Children - perform skilled nursing duties in a least restrictive environment
- Refer Students and Their Families for Further Care - can assess condition but cannot diagnose, prescribe or dispense treatment
- Facilitate Access to Health Insurance - resources are made available to families who do not have coverage
- Develop Individual Healthcare Plans - communicates care of complex medical conditions to the staff who needs to know
- Participate in Individual Education Plans - coordinate with Special Education to provide accommodations
- Maintain Confidential Health Records - must update record with new conditions/ medications and timely send records to other schools if necessary
- Monitor Immunizations - record and report statistics, including exemptions
- Educate Faculty and Staff on Student Health Issues - while maintaining HIPAA and FERPA regulations
- Serve on Support Teams for At-Risk Students - coordinates with the interdisciplinary team to help remove barriers to learning