

# FEBRUARY 2019

## Spruce Mountain Elementary School

Breakfast is free to all Students  
**Make Checks payable to RSU 73**  
 For Students id, email  
 dyork@rsu73.com

Monday

Tuesday

Wednesday

Thursday

Friday



1

Cheesy Beef Nachos  
 Black Bean & Corn Salsa  
 Fruit & Veggie Choices  
 Milk

4

Chicken Alfredo  
 Pasta  
 Breadstick  
 Fruit & Veggie Choices  
 Milk

5

Cheeseburger  
 Pretzels  
 Fruit & Veggie Choices  
 Milk

6

Cheese Pizza  
 Pepperoni Pizza  
 Fruit & Veggie Choices  
 Milk

7

Hamburger Gravy  
 Mashed Potato  
 Roll  
 Fruit & Veggie Choices  
 Milk

8

Toasted Cheese Sandwich  
 Tomato Soup  
 Cheddar Goldfish  
 Fruit & Veggie Choices  
 Milk

11

Chickenburger  
 Hash brown  
 Fruit & Veggie Choices  
 Milk

12

Chicken & Gravy  
 Mashed Potato  
 Roll  
 Fruit & Veggie Choices  
 Milk

13

Cheese Pizza  
 Pepperoni Pizza  
 Fruit & Veggie Choices  
 Milk

14

Chicken Parmesan  
 Pasta  
 Breadstick  
 Fruit & Veggie Choices  
 Milk

15

Ham Hoagie  
 Baked Beans  
 Fruit & Veggie Choices  
 Milk

18

President's Day

19

Vacation

20

Vacation

21

Vacation

22

Vacation

25

Chicken Nachos  
 Black Bean & Corn Salsa  
 Fruit & Veggie Choices  
 Milk

26

Pork & Gravy  
 Mashed Potato  
 Roll  
 Fruit & Veggie Choices  
 Milk

27

Cheese Pizza  
 Pepperoni Pizza  
 Fruit & Veggie Choices  
 Milk

28

Shepherd's Pie  
 Roll  
 Fruit & Veggie Choices  
 Milk



Menu Subject to Change w/o Notice  
 Alternate Sandwich choice offered daily

All meals served with whole grains and variety of vegetables to meet the USDA requirements  
 "This Institution, the Department of Education and the USDA are equal opportunity providers and employers"