

OCTOBER 2018

Spruce Mountain Primary School

Breakfast is free to all students
 Make checks payable to RSU 73
 For students id email
dyork@rsu73.com

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Baked Beans Hotdog in Bun Carrots Peaches Milk</p>	<p>2</p> <p>Fish Nuggets Mashed Potato Steamed Broccoli Peaches Milk</p>	<p>3</p> <p>Pepperoni Pizza Cheese Pizza Green Beans Goldfish Cracker Applesauce Milk</p>	<p>4</p> <p>Mac & Cheese W/ Ham Tossed Salad Cinnamon Goldfish Tropical Fruit Milk</p>	<p>5</p> <p>Teacher's Workshop</p>
<p>8</p> <p>Columbus Day</p>	<p>9</p> <p>Double Stuffed Crust Pizza Goldfish Cracker Baby Carrots Pineapple Tidbits Milk</p>	<p>10</p> <p>Hamburger Gravy Mashed Potato Fresh Baked Roll Fruit Cocktail Milk</p>	<p>11</p> <p>Bosco Sticks Marinara Green Beans Mandarin Oranges Milk</p>	<p>12</p> <p>Chicken Burger Baked Beans Tropical Fruit Milk</p>
<p>15</p> <p>Popcorn Chicken Rice Pilaf California Blend Veggies Fruit Cocktail Milk</p>	<p>16</p> <p>Corn Dog Baked Beans Cinnamon Goldfish Peaches Milk</p>	<p>17</p> <p>Pork & Gravy Mashed Potato Fresh Baked Roll Tropical Fruit Milk</p>	<p>18</p> <p>Ham Pizza Cheese Pizza Cheez-It Cracker Steamed Carrots Pineapple Tidbits Milk</p>	<p>19</p> <p>Cheesy Beef Nacho's Salsa Lettuce/ tomato Applesauce Milk</p>
<p>22</p> <p>Chicken Alfredo Pasta Breadstick Coleslaw Peaches Milk</p>	<p>23</p> <p>Cheese Quesadilla Salsa Carrots Mandarin Oranges Milk</p>	<p>24</p> <p>Pepperoni Pizza Cheese Pizza Steamed Broccoli Goldfish Cracker Applesauce Milk</p>	<p>25</p> <p>Filet of Fish Sandwich Baked Beans Tropical Fruit Milk</p>	<p>26</p> <p>BBQ Pulled Pork Sandwich Hash brown Fruit Cocktail Milk</p>
<p>29</p> <p>Chicken Tenders Mashed Potatoes California Blend Veggies Fruit Cocktail Milk</p>	<p>30</p> <p>Double Stuffed Crust Pizza Goldfish Cracker Baby Carrots Pineapple Tidbits Milk</p>	<p>31</p> <p>Hot dog in Bun Potato Smiles 4 Bean Salad Tropical Fruit Milk</p>		

Menu Subject to Change w/o Notice

All meals are served with a selection of vegetables, whole grain bread, pasta, rice and pizza crust to meet the USDA requirements

"This Institution, the Department Of Education and the USDA are equal opportunity providers and employers"