

MySchoolBucks.com

SEPTEMBER 2018

Spruce Mountain Middle School

Breakfast is free to all students Make checks payable to RSU 73 For students id email dyork@rsu73.com

Popcom Chicken Fresh Eaked Roll Fruit & Veggie Choices Milk Chicken Quesadilla Salsa Fruit & Veggie Choices Milk Chicken Alfredo Assorted Pizza Choices Fruit & Veggie Choices Milk Assorted Pizza Choices Milk Assorted Pizza Choices Milk Assorted Pizza Choices Milk Assorted Pizza Choices Fruit & Veggie Choices Fruit & Veggie Choices Milk Assorted Pizza Choices Fruit & Veggie Choices Fruit & Veggie Choices Milk Assorted Pizza Choices Fruit & Veggie Choices Fruit & Veggie Choices Milk Assorted Pizza Choices Fruit & Veggie Choices Fruit & Veggie Choices Milk Assorted Pizza Choices Fruit & Veggie Choices Fruit & Veggie Choices Fruit & Veggie Choices Milk Assorted Pizza Choices Fruit & Veggie Choices Fruit & Veggie Choices Fruit & Veggie Choices Milk Assorted Pizza Choices Fruit & Veggie Choices Fruit & Veggie Choices Fruit & Veggie Choices Fruit & Veggie Choices Milk		Monday	Tuesday	Wednesday	Thursday	Friday
French Fries Fruit & Veggle Choices Milk Chicken Quesadilla Fresh Baked Roll Fresh Baked Roll Fruit & Veggle Choices Milk Chicken Quesadilla Salsa Fruit & Veggle Choices Milk Fresh Baked Roll Fruit & Veggle Choices Milk Early Release Day Assorted Deli Sandwiches Fruit & Veggle Choices Milk Assorted Deli Sandwiches Fruit & Veggle Choices Milk Chicken Alfredo Pasta Fruit & Veggle Choices Milk			Goldfish Crackers Fruit & Veggie Choices	Assorted Pizza Choices Fruit & Veggie Choices	Pork & Gravy Mashed Potato Fresh Baked Roll Fruit & Veggie Choices	Marinara Sauce Fruit & Veggie Choices
Salsa Fresh Baked Roll Fruit & Veggie Choices Milk Assorted Deli Sandwiches Fruit & Veggie Choices Milk Fruit & Veggie Choices Milk	V	French Fries Fruit & Veggie Choices	Goldfish Crackers	Fruit & Veggie Choices	Mashed Potato Fresh Baked Roll Fruit & Veggie Choices	Fresh Baked Roll Fruit & Veggie Choices
Pasta Hash brown Assorted Pizza Choices Rice Pilaf Fruit & Veggie Choices Fruit & Veggie Choices Fruit & Veggie Choices Fruit & Veggie Choices Milk	⋠	Salsa Fruit & Veggie Choices	Fresh Baked Roll Fruit & Veggie Choices	Assorted Deli Sandwiches Fruit & Veggie Choices	Fruit & Veggie Choices	Hot dog Fresh Baked Roll Fruit & Veggie Choices
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